

# JEFFERSON DAD VAIL REGATTA

## Regatta Instruction Bulletin – 2025

### GENERAL INFORMATION

#### *Regatta Schedule*

FRIDAY, MAY 9: Time trials begin at 7:00 A.M and run until late morning. Heat starts in the early afternoon and finish at 5:00

P.M. SATURDAY, MAY 10: Semi-Final Heats begin at 7:00 A.M. and finish late morning. Finals run from 12:00PM to 5:00 P.M.

**Please note: These times are approximate and may change.** Refer to the schedule posted on DadVail.org for event number, event times, number of heats, and number of qualifiers to advance.

For ALL Men's and Women's Varsity Eights there will be first round heats followed by repechage heats (depending on the number of entries), followed by semi-finals and finals.

#### *New or back for 2025*

Similar to last year, there will be 2 Athlete fueling stations (1 in each launch are) with a selection of grab and go snacks

We have added a sculling championship and the club level events added last year will remain on the race schedule.

We have made the names of the events consistent across platforms. All events are heavyweight unless designated lightweight.

Junior Varsity is now described as 2<sup>nd</sup> Varsity.

#### *Rules to be aware of*

- The only races that allow more than a single entry per team are the Single, 3<sup>rd</sup> Varsity Eight, Frosh/Novice Eight, and the 2<sup>nd</sup> Varsity Four.
- You must enter a Varsity Four or Varsity Eight to enter a 2<sup>nd</sup> Varsity Four.
- You must enter a Varsity Eight and 2<sup>nd</sup> Varsity Eight to enter a 3<sup>rd</sup> Varsity Eight.
- A lightweight entry does not count towards qualifying to enter a 2<sup>nd</sup> Varsity event.
- We will allow a lower-level crew to race if your varsity is racing elsewhere. You must provide proof by submitting the lineups of both crews to John Leonard at [scullerjohn@aol.com](mailto:scullerjohn@aol.com).
- The same doubling restrictions apply as detailed later in this document.

### ELIGIBILITY

The Director of Athletics or his/her designee must ensure and sign off that all participants are eligible to compete per NCAA regulations. Eligibility of rowers to participate in the Jefferson Dad Vail Regatta shall be dependent upon the Jefferson Dad Vail Regatta rules and NCAA rules as they pertain to the participating schools. All participants from foreign schools shall adhere to Jefferson Dad Vail Regatta rules and to NCAA Division I rules.

- A. All participants in the Jefferson Dad Vail Regatta must be full time undergraduate students at the institution they represent. To be considered full time undergraduate students, they must currently be taking courses totaling at least twelve credits hours and must be making normal progress toward their first degree. A student-athlete may compete while enrolled in less than the minimum full-time (12 hours) program of studies, provided the student is enrolled in the final semester or quarter of the program. The institution must certify that the student is carrying (for credit) the courses necessary to complete degree requirements. Also, a student-athlete who has received a Baccalaureate or equivalent degree and who is enrolled in the graduate or professional school of the institution attended as an undergraduate, or who is enrolled and seeking a second Baccalaureate or equivalent degree at the same institution, may participate in intercollegiate athletics provided the student-athlete has athletics eligibility remaining and such participation occurs within the period set forth in Bylaw 2, Article B below.
- B. A Jefferson Dad Vail competitor shall not engage in more than four (4) years of intercollegiate competition. Competing for a college in any one event within the academic year is sufficient to constitute one year of eligibility.

Division I Schools: - The student-athlete shall complete his or her seasons of participation within five calendar years from the beginning of the semester or quarter in which the student-athlete first registered for a minimum full-time program of studies in a collegiate institution. A student-athlete initially registers, for the purpose of starting the count of time, in a regular term of an academic year for a minimum full-time program of studies and attends the student's first day of classes for that term.

- 1) Division II and III Schools: - The student-athlete shall complete his or her seasons of participation during the first ten (10) Semesters or fifteen (15) quarters in which the student is enrolled in a collegiate institution in at least a minimum full-time program of studies, as determined by the regulations of that institution, and attends the first day of classes for that term.

A race designated for a specific division can only be entered by NCAA teams in that respective division. Programs that do not meet this requirement may only row in the open race for the same category.

C. Freshman/Novice Events:

- 1) To row as a freshman, a competitor must be in his or her first year of attendance at the collegiate level and be considered an academic freshman by his or her institution.
- 2) To row as a novice, a competitor must not have participated in the sport of rowing prior to the present academic year. A student/athlete may compete as a novice for only one year. If the student/athlete competes after the novice year, it must be in a non-novice event. A novice need not be a freshman.

D. A transfer student who has participated in a collegiate rowing program in the academic year current to or preceding his or her attendance at the new institution may not row in a Varsity Eight event (Heavy-Light-Women) in his or her first year at the new institution unless a waiver is granted as follows:

- 1) If the student transfers to the certifying institution from another four-year collegiate institution and the following conditions are met:
  - a) The student is in good academic standing and meets the satisfactory progress requirements.
- 2) If the student transfers to the certifying institution from a Division III member institution and meets the above condition, he or she may be eligible to compete but shall not receive athletically related financial aid during the first academic year in residence at the certifying institution.
- 3) Eligibility for transfers from Junior Colleges is covered under NCAA Rules.

E. As mentioned earlier, a rower may enter more than one event, but not more than two. No specific limitations pertain to freshman. A coach will be responsible for determining the viability of being able to arrive at the starting line in time for each event based on the schedule. The race schedule is subject to change at the last minute due any number of reasons.

F. Appeals for exceptions to these rules must be submitted in writing with the Jefferson Dad Vail Regatta Eligibility Committee at any time prior to the deadline for entries. Appeals must contain all validating evidence that might be helpful in arriving at a fair decision.

G. Violations of regulations may be the cause for crew and/or team-wide disqualifications. Unusually serious violations may be considered grounds for more severe sanctions.

## DOUBLING UP

A measured amount of doubling up will be permitted to facilitate full participation by all rowers at our Regatta. Rules preclude crews from overdoing this for the sake of crews entering extra races. The goal is to support a situation where a crew is one person short for an event. This exemption will permit more athletes on the team to be in the Regatta as opposed to sitting out. An athlete (cox or rower) can participate in 2 events maximum. If both crews advance and there is a conflict with timing of progression competition, it will be incumbent on the coach to scratch one of the entries. Substituting will not be permitted as a remedy for a time conflict originating from an athlete entering more than one event. The rule that limits substituting originates from the policy of a maximum of 50% of athletes that can be doubled up in any one boat. For example, the stern pair from one boat cannot be entered in the pairs event since that pair would be comprised of 100% doubled up athletes.

## WEBSITE

Additional information can be found on the official Jefferson Dad Vail Regatta ([www.dadvail.org](http://www.dadvail.org)) and Regatta Central ([www.regattacentral.com/regatta](http://www.regattacentral.com/regatta)) websites:

## TEAM RESPONSIBILITIES

1. Entries and Payments: Coaches are expected to make all entries and payments through Regatta Central.
2. Jefferson Dad Vail Regatta name and logo: Remember that the Jefferson Dad Vail Regatta name and logo are the property of the DVROC and may not be used on any commercial or promotional material without the expressed written permission of the DVROC. (This includes T-shirts or other souvenirs for sale).
3. Student Volunteers: The Jefferson Dad Vail Regatta asks that each team contribute **two volunteers** to help with Stake Boats and other positions – this is one four-hour commitment during the Regatta. It enables the Jefferson Dad Vail Regatta to continue to operate as a premier collegiate Regatta.

Please provide the following information to Tricia Winton (Director of Volunteers) at [tricia@rightsizemm.com](mailto:tricia@rightsizemm.com)

- Coach: name, email address, and cell number
- Student Volunteers' names, email addresses, and cell numbers

4. Competitor Attire: Shirts or Singlets must be uniform in each boat.

### **TRAFFIC INFORMATION -Racecourse**

Check on [dadvail.org](http://dadvail.org) for more details on racecourse traffic.

### **PUBLICITY**

If you wish, pre-regatta publicity releases accompanied by professional grade photographs should be forwarded to: Ed Levin at: [levins51@verizon.net](mailto:levins51@verizon.net). Publication shall be at the discretion of DVROC and surrender of all reserved rights is operative by submission.

### **REGISTRATION & FEES**

- Each team will need a representative to report to the registration tent. The team representative will receive wrist bands which must be worn by all Athletes. The team representative must confirm the names for the two volunteers that each team will provide to Tricia Winton, Director of Volunteers at [tricia@rightsizemm.com](mailto:tricia@rightsizemm.com).
- Lightweight rowers and coxswains must weigh in, but other rowers **do not** need to go through the registration process. Additional information will be posted on our website.

Regatta Central serves as the Internet Agent for the 2025 Jefferson Dad Vail Regatta registration and all entries. Teams must register at Regatta Central and **remit all payments to them.**

#### ***Entry Fees –***

##### ***Membership Fee***

All schools must pay a membership fee:

- \$100 prior to Jan 31, 2025
- \$200 after Jan 31, 2025

##### ***Entry Fees:***

The Entry Fee per boat entered is:

- \$175 Singles
- \$250 Doubles and Pairs
- \$350 Quads and Fours
- \$400 Eights

#### ***Scratches***

The Regatta Committee will accept scratches up to 11:59PM, Sunday, May 5, 2023, without penalty.

- FEES ARE NOT REFUNDABLE!
- The Regatta Committee may penalize (with fines) scratches not submitted by the above date.
- Fines will be equal to the boat entry fee.

#### ***Event Cancellation***

Events canceled due to weather are not eligible for a refund.

### **REGATTA WEIGH-IN REQUIREMENTS AND WINDOW**

- Weigh-in is REQUIRED for all competitors in Lightweight Events.
- Weigh-in is REQUIRED for all coxswains.
- Lightweight rowers and coxswains will only have to weigh in once for the Regatta.

- Primary Weigh-in Window: Thursday afternoon, May 8, from 2:00 PM to 7:00 PM.
- Secondary Weigh-in Window: Friday morning, May 9, from 6AM to 10AM for those arriving after the Primary Weigh-in Window is closed.
- Lightweight entries need not have a Varsity Heavyweight entered to compete in the Lightweight race.
  1. The posted Entry Form specifies the weight requirements for entrants in events.
  2. Coxswains in Men's events – 120 lb. minimum.
  3. Coxswains in Women's events – 110 lb. minimum.
  4. Men's Lightweight events – 160 lb. maximum. No Average, Rower > 161 lbs. excluded, Rower ≤ 161 lbs. has one additional weigh-in within 1 hour.
  5. Women's Lightweight events – 130 lb. maximum. No Average, Rower > 131 lbs. excluded, Rower ≤ 131 lbs. has one additional weigh-in within 1 hour.

**FORCING LIQUIDS TO RAISE COX'S WEIGHT IS FORBIDDEN**

## EQUIPMENT

- Each crew is expected to bring its own shell, oars and boat slings. Races will not be delayed for equipment sharing.
- All shells must have protective balls affixed to their bow points.
- Teams must supply their own lane number/bow markers. You will not be permitted to race without a bow marker. Races will not be delayed because a crew does not have a bow marker, or if a crew states, "their marker fell off". Coaches Please Note: Bow Marker Rule is strictly enforced by the Jefferson Dad Vail Regatta.

## PARTICIPATION

- No crew may enter a Junior Varsity event unless entered and participating in a Varsity event.
- Substitutes may be listed on the Entry Form, but once the crew participates, it must row intact unless the Regatta Committee is petitioned for a change in the boating.
- Canadian crews desiring to participate in the Jefferson Dad Vail Regatta shall require written authorization from the Canadian Amateur Rowing Association. **No carded athletes may participate.** Although Canadian school years are different from U.S. undergraduate years, all must comply with U. S. standards.
- Any school which has competed in the EARC in the previous two years will not be eligible to compete in the Jefferson Dad Vail Regatta, except that the Regatta Committee can examine the individual situation in accepting other entries at variance with this rule. (EARC Sprint Rule: 1973).
- If a coach enters one or more events and then at the last minute, after seedings have been completed, cancels any of these events to enter and compete in another regatta, the penalty will be a one-year suspension from the Jefferson Dad Vail Regatta for that college or university.

## PROTEST PROCEDURE

See instructions on [dadvail.org](http://dadvail.org)

## TIME TRIALS

Refer to separate posted document on the rules for time trials for this year's Regatta.

## SHELL STORAGE AND PARKING -

- No shells are to be stored or launched from the Camden County Boat House. **NO EXCEPTIONS.**
- Do not park in the LaScalla Restaurant lot.
- All shells are to be stored at the LAUNCH SITES at Cuthbert Ave (lot below the finish line) or the lot close to the 1400 meters near the LaScalla Restaurant. You will be directed upon arrival, check [dadvail.org](http://dadvail.org) for updates.
- All vehicles must follow directions of Regatta officials at the parking area who will direct all off-site parking of cars, buses, trucks and vans.
- After a trailer has been parked, the tow vehicle will be permitted to return to the launch site only once when it is time to hook up for departure. See the posted Traffic Bulletin.

## AWARDS

### Medals

Medals will be awarded to the first three places. IF FOUR BOATS OR LESS enter an event, the medals and points will be awarded as follows:

- 4 Boat Race - Gold, Silver and Bronze Medals & points 4, 3, 2, 1
- 3 Boat Race - Gold & Silver Medals & points 3, 2, 1
- 2 Boat Race - Gold Medal & points 2, 1
- 1 Boat Race - NO RACE

The above pertains to a final event only and the medals and points will be awarded to the number of boats racing - not number of boats entered.

### Trophies

Trophies will be awarded along with the medals in the finish line area. Additional information will be disseminated regarding distribution of awards.

### Point Trophies

DVROC has adopted the Barnes Points System which awards points as shown in the graphic.

Using this system, the points for the trophies are shown in the following table:

Boat Class	Place					
	1st	2nd	3rd	4th	5th	6th
Varsity 8	30	24	12	6	3	1.5
2 <sup>nd</sup> V 8	30	24	12	6	3	1.5
F/N 8	30	24	12	6	3	1.5
3 <sup>rd</sup> V 8	30	24	12	6	3	1.5
Varsity 4+, 4x	20	16	8	4	2	1
2 <sup>nd</sup> V 4+ F/N 4+	20	16	8	4	2	1
Varsity 2-, 2x	15	12	6	3	1.5	.75
Varsity 1x	10	8	4	2	1	.5

### Points for 1st place in grand final

Boat class	Points
1x	10
2x, 2-	15
4x, 4-, 4+	20
8+	30

### % of 1st place points

# boats in final	2nd	3rd	4th	5th	6th
2	20%				
3	40%	20%			
4	60%	30%	5%		
5	80%	40%	10%		
6+	80%	40%	20%	10%	5%

Points are not awarded for exhibition/demonstration events.  
Collegiate only Para events will earn points.

## SEEDING & LANE ASSIGNMENTS

Certain races are seeded, which will be accomplished this year by again polling the coaches.

### Lanes

Lane assignments for Semi-Finals and Finals will be printed in the Heat Sheets. Winners will be assigned Lanes 3 and 4, then Lanes 2, 5, 1 and 6 in that order. If conditions change it is possible for the favored lanes to be changed by a special Lane Committee on site during the regatta.

## CONTACT:

- John F. Leonard, Regatta Secretary, Dad Vail Regatta Organizing Committee (DVROC)  
scullerjohn@aol.com
- Dad Vail Regatta Organizing Committee, 1505 Boyer Blvd Plymouth Meeting PA 19462